



Sherburne County Area  
United Way

*Bridging the Gap*

# Resource Bridge

Resource Spotlight:

## Central Minnesota Council on Aging (CMCOA)

Need help navigating services for older adults?

Caring for an aging loved one can feel overwhelming so Minnesota Aging Pathways (formerly Senior LinkAge Line) is here to help. It is a free, trusted resource to help families find guidance with Medicare, meals, transportation, and more.



**cmcoa**

To Get Connected With Support Call:

1-800-333-2433

(M-F, 8 AM-4:30 PM)

**Website: WWW.CMCOA.ORG**

Additional Info:

## Who is ALICE

For many U.S. households, financial stability feels out of reach. These are ALICE families — **A**sset **L**imited, **I**ncome **C**onstrained, **E**mployed. Earning above the poverty line but struggling to cover basics like housing, food, child care, transportation.

ALICE households:

- Span all races, ages, and abilities
- Work hard — often multiple jobs — yet can't keep up with rising costs
- Live paycheck to paycheck, forced to make impossible choices between essentials
- Are part of every community — our neighbors, friends, family, and coworkers

ALICE workers are teachers, health care providers, retail clerks, sanitation workers, and more — the backbone of our economy.

At Sherburne County Area United Way we are dedicated to helping the local ALICE community through various drives and programs.

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Volunteer Spotlight:

## Great River Faith in Action

Volunteer Drivers Needed!

Great River Faith in Action helps elderly and disabled neighbors in Sherburne, and parts of Wright & Mille Lacs Counties stay independent — but they need drivers.

- ✓ Flexible weekday scheduling (9am-5pm)
- ✓ Local matches
- ✓ Even one ride makes a difference

A background check & orientation are required. Your time behind the wheel = dignity, independence & hope. ❤️

Contact Great River Faith in Action to get started!

(763) 263-4277

[info@grfia.org](mailto:info@grfia.org)



GREAT RIVER  
**FAITH IN ACTION**